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This Is A Man's World

24 Count, 2 Wall, Improver Choreographer: Jose Miquel Belloque Vane & Roy Verdonk (NL) Oct 2011 Choreographed to: This Is A Man's World

by James Brown

Start on vocals on the word : this is a mans WORLD, on the word "WORLD"

	Side L, together R, cross over L, 1/4 turn left, step back R,L,R, 1/2 turn left, step L,R,L, 1/4 turn left with sweep R, weave to left, sway L/R LF step to left, RF step together, LF cross in front of RF(&), make 1/4 turn left whilst stepping RF back(ah) (9:00) LF step back, RF step back, make 1/2 turn left whilst stepping LF forward(&), RF step forward(ah) (3:00) LF step forward whilst making 1/4 turn left and sweeping RF from back to front (12:00) RF cross in front of LF, LF step to left(&), RF cross behind LF(ah) Sway hips to left, sway hips to right
1, &ah 2, &ah 3, 4 5, &ah 6, 7, 8 &ah	Cross samba left, cross samba right with 1/4 turn right, step back L,R, sailor L with 1/4 turn right, step forward R, 1/2 turn left ,1/2 turn right, walk forward L, R LF cross in front of RF, RF rock to right(&), recover onto LF(ah) RF cross in front of LF, LF step to left (&), make 1/4 turn right whilst stepping back on RF(ah) (3:00) LF step back, RF step back LF cross behind RF, make 1/4 turn right whilst stepping RF forward(&), LF step forward(ah) (6:00) RF step forward, make 1/2 turn left whilst stepping LF forward, make 1/2 turn right whilst stepping RF forward LF step forward(&), RF step forward(ah)
1, 2, 3 4, &ah 5, 6, 7 8, &	Lock L behind R, unwind 3/4 turn left, sweep, sailor L with 1/4 turn right, step forward R, 1/2 turn L, step forward L,R, L cross in front of R, unwind full turn right LF lock behind RF, slow 3/4 turn left(weight on RF), sweep LF from front to back (9:00) LF cross behind RF, make 1/4 turn right whilst stepping RF forward(&), LF step forward (ah) (12:00) RF step forward, make 1/2 turn left whilst stepping LF forward, RF step forward (6:00) LF cross in front of RF, unwind full turn right(weight ends on RF)

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