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Postcard From Pasadena

32 Count, 4 Wall, Improver

Choreographer: Rep Ghazali-Meaney (Scotland) July 2015
Choreographed to: Postcard From Pasadena by Gord Bamford
(iTunes -118 bpm)

16 count intro start on vocals

01-08 R SIDE-HOLD, AND R SIDE ROCK-RECOVER, R CROSS SHUFFLE, 3/4 TURN R

- 1-2 step Right to Right side, hold
- &3-4 step Left beside Right, rock Right to Right side, recover on Left
- 5&6 cross Right over Left, step Left to Left side, cross Right over Left
- 7-8 ¼ turn Right by stepping back on Left, ½ turn Right by stepping forward on Right (9)

09-16 ROCK FWD L-RECOVER, L ½ URN TOE STRUT, R ½ TURN TOE STRUT, L ROCK BACK-RECOVER

- 1-2 rock forward Left, recover on Right
- 3-4 ½ turn Right touch Left toe forward, drop Left heel (3)
- 5-6 ½ turn Right touch Right toe back, drop Right heel (9)
- 7-8 rock back on Left, recover on Right

17-24 L KICK BALL CHANGE, L CROSS-R SIDE, L SAILOR ¼ TURN R, FULL TURN L

- 1&2 kick Left forward, step back Left, step forward Right
- 3-4 cross Left over Right, step Right to Right side
- 5&6 ¼ turn Right sweep Left from front to back and step Left behind Right, step Right to Right side, step forward Left (6)
- 7-8 ½ turn Left by stepping back on Right, ½ turn Left by stepping forward on Left

25-32 R CROSS-L SIDE, R SAILOR ¼ TURN, L CROSS-HOLD, BALL CROSS BALL CROSS

- 1-2 cross Right over Left, step Left to Left side
- 3&4 ¼ turn Right sweep Right from front to back and step behind Left, step Left to Left side, step Right to Right side (9)
- 5-6 cross Left over Right, hold
- &7&8 step Right to Right side, cross Left over Right, step Right to Right side, cross Left over Right (9)