

Flame

Count: 48

Wall: 2

Level: Easy Intermediate

Choreographer: Dee Musk (UK) - February 2020

Music: 'Flame' – 'Laine Hardy' – Flame (Single).



Intro 16 Counts. Approx. 10 Secs. Track approx 2 mins 39 secs. BPM 92.

Track available from [iTunes.co.uk](https://www.itunes.co.uk)

Side, Behind, Side, Cross, Side, Heel, Ball, Cross, Hold, Side, Behind, Side, Cross.

- 1,2& Step R to R side, cross step L behind R, step R to R side.
- 3&4 Cross L over R, step R to R side, touch L heel to L diagonal.
- &5,6 Step L beside R, cross R over L, hold count 6.
- &7&8 Step L to L side, cross step R behind L, step L to L side, cross R over L. (12 o'clock).

Side, Heel, Hold, Ball, Cross, Side, Behind, ¼ Turn R, Step ½ Pivot R, Ball, Step ¼ Turn L.

- &1,2 Step L to L side, touch R heel to R diagonal, hold count 2.
- &3&4 Step R beside L, cross L over R, step R to R side, cross step L behind R.
- &5,6 Make ¼ Turn R stepping forward on R, step forward on L, make ½ turn R.
- &7,8 Step L beside R, step forward on R, make ¼ turn L. (6 o'clock).

Cross, Rock, &, Cross, Rock, &, Forward Rock, &, Back Rock.

- 1,2 Cross rock R over L, recover weight to L.
- &3,4 Step R beside L, cross rock L over R, recover weight to R.
- &5,6 Step L beside R, rock forward on R, recover weight to L.
- &7,8 Step R beside L, rock L back, recover weight to R. (6 o'clock).

L Dorothy Step, R Dorothy Step, Rock, Recover Sweep, Behind, Side, Cross.

- 1,2& Step L forward to L diagonal, cross R behind L, step L forward to L diagonal.
- 3,4& Step R forward to R diagonal, cross L behind R, step R forward to R diagonal.
- 5,6 Rock forward on L, recover to R sweeping L to behind R.
- 7&8 Cross step L behind R, step R to R side, cross L over R. (6 o'clock).

R Side, Back Rock, L Side, Back Rock, Hinge ½ Turn L, R Shuffle Forward.

- 1,2& Step R to R side, cross rock L behind R, recover weight to R.
- 3,4& Step L to L side, cross rock R behind L, recover weight to L. **Restart here during wall 2**
- 5,6 Make ¼ turn L stepping back on R, make ¼ turn L stepping L to L side.
- 7&8 Shuffle forward stepping R, L, R. (12 o'clock).

Cross, Back, Side, Cross, Back, Side, Step, ½ Turn R, Scissor Cross.

- 1,2& Cross L over R, step back on R, step L to L side.
- 3,4& Cross R over L, step back on L, step R to R side.
- 5,6 Step forward on L, make ½ turn R.
- 7&8 Step L to L side, step R beside L, cross L over R. (6 o'clock).

Restart during wall 2, dance up to and including count 4& of section 5 - begin again facing 12 o'clock wall.

Have fun and Enjoy

Contact: deedeemusk@gmail.com Dee – 07814 295470.