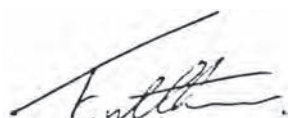




Approved by:



Down At The Station

4 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Cross Rock, Chasse (x 2)		
1 – 2	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
3 & 4	Step right to side. Close left beside right. Step right to side.	Chasse Right	Right
5 – 6	Cross rock left over right. Recover onto right.	Cross Rock	On the spot
7 & 8	Step left to side. Close right beside left. Step left to side.	Chasse Left	Left
Section 2	Cross, Side, Sailor Step, Cross, Side, Sailor 1/4 Turn		
1 – 2	Cross right over left. Step left to side.	Cross Side	Left
3 & 4	Cross right behind left. Step left to side. Step right to place (angle body right).	Right Sailor	On the spot
5 – 6	Cross left over right. Step right to side.	Cross Side	Right
7 & 8	Cross left behind right. Step right to side. Turn 1/4 left stepping left forward. (9:00)	Sailor Turn	Turning left
Restart	Wall 8: Omit 1/4 turn left (just do sailor step, staying on 3:00 wall) then Restart.		
Section 3	Forward Shuffle x 2, Step Pivot 1/2 Turn x 2		
1 & 2	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
3 & 4	Step left forward. Close right beside left. Step left forward.	Left Shuffle	
5 – 6	Step right forward. Pivot 1/2 turn left.	Step Pivot	Turning left
7 – 8	Step right forward. Pivot 1/2 turn left.	Step Pivot	
Section 4	Kick & Touch & Kick & Touch, Cross Rock, Triple Full Turn		
1 &	Kick right forward. Step right beside left.	Kick &	On the spot
2 &	Touch left behind right heel. Step left beside right.	Touch &	
3 &	Kick right diagonally forward right. Step right beside left.	Kick &	
4	Touch left beside right (facing right diagonal).	Touch	
5 – 6	Cross rock left over right. Recover onto right.	Cross Rock	
7 & 8	Triple step full turn left, stepping - left, right, left. (9:00)	Triple Full Turn	Turning left

Choreographed by: Fred Whitehouse (UK) July 2015

Choreographed to: 'Down At The Station' by Billy Yates from CD Favorites; download available from amazon or iTunes (32 count intro)

Restart: One Restart during Wall 8



A video clip of this dance is available at www.linedancerweb.com